

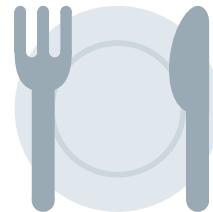
# Serving Up Safe Food

**1** Today's meals are best if used by:

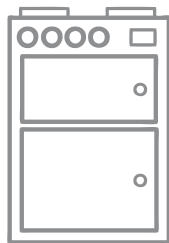
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**2** Use or freeze within 5 days of pick up



**3** Keep cold foods cold  
- eat or refrigerate within 30 min.



**4** Follow safe reheating practices:

- Stir & rotate food halfway through cooking
- Temp. should reach 165F at thickest point



**DON'T FORGET:**

ALWAYS wash hands thoroughly with warm water before you eat